

The Know Your Worth Spoken Word Competition, sponsored by the Northern Marianas Coalition Against Domestic & Sexual Violence, is open to all current CNMI Middle School and High School students (grades 6-12). Students are invited to perform their original poetry about teen dating violence and/or healthy relationships for young people. The aim of this contest is to create awareness during Teen Dating Violence Awareness Month in February.

The deadline for submissions is 5:00 pm on Friday, February 2, 2024.

Middle School Division (6-8)

1st Place - \$300 2nd Place - \$200 3rd Place - \$150 People's Choice - \$100

High School Division (9-12)

1st Place - \$300 2nd Place - \$200 3rd Place - \$150 People's Choice - \$100

Rules and Guidelines

Original poems and video recordings must be electronically submitted for review to info@endviolencenmi.org on or before the deadline at 5:00 pm on Friday, February 2, 2024. Poems must be typed within the body of the email or attached as a Word or PDF file. Submissions must also include completed Student Information & Media Release Forms specific to this competition. Additionally, video recordings of spoken word must feature the participant. Submissions without the participant's presence will not be accepted. If further assistance is required for recording in a video format, please indicate it on the Student Information & Media Release Form and contact info@endviolencenmi.org for scheduling no later than 5:00 pm on Thursday, February 1, 2024.

Please note that poems must be original work. Poems must not violate the privacy of others (that includes but is not limited to the use of real names), must not plagiarize the work of others, and must not violate U.S. and CNMI copyright laws. Poems must not incorporate text that is Al generated. Poems that are not entirely written by the student(s) and/or violate privacy and copyright laws will not be accepted. There is no specified word limit for spoken word entries, yet performances should range from a minimum of 3 minutes to a maximum of 5 minutes.

Each student may submit only one poem for this competition. However, two or more eligible students may collaborate in writing and performing the poem provided they are all eligible to compete in the same division.

(See "Announcement of Winners" Continued on Next Page...)



FEBRUARY IS TEEN DATING VIOLENCE AWARENESS MONTH

For more information, please contact the Northern Marianas Coalition Against Domestic & Sexual Violence at (670) 234-3878 or email info@EndViolenceNMI.org.



Rules and Guidelines (Continued from Previous Page...)

Moreover, additional poems, poems without a completed Student Information & Media Release form specific to this competition, and/or poems submitted after the submission deadline will not be accepted. As this is a spoken word competition, all student(s) are required to perform their original poetry to be eligible for awards and prizes. This also means that if two or more eligible students submit a poem as one entry, they must also perform the poem together to be eligible for awards and prizes. Performances may not include audio recordings, props, or other individuals who did not write the poem. Students **must** perform the poem exactly as it was submitted, prohibiting any alterations or modifications after the initial submission.

Preliminary Round

All Spoken Word submissions from Saipan, Tinian, and Rota will enter a preliminary judging round. Participants from each island will be evaluated during this phase, and only those selected to advance will be contacted to showcase their Spoken Word pieces at the live event on Thursday, February 29, 2024.

Announcement of Winners

The spoken word performances will be presented in person at the Hvatt Regency Ballroom on Thursday. February 29, 2024. The first, second, and third place winners for the Middle School division and High School division of the Know Your Worth Spoken Word Competition will be announced during this event. The People's Choice prize will go to the performance with the highest number of votes from the audience.

For More Info

If you have questions or need additional information, please contact NMCADSV at (670) 234-3878 or email info@endviolencenmi.org. For more updates on this competition, follow NMCADSV on Facebook, Twitter, or Instagram. You can also request to be added to our email list through info@endviolencenmi.org.

Need Help?

If you or someone you know is experiencing abuse or violence, please call 911 for emergency assistance. You can also call to talk to advocates and other service providers at:

- Karidat's 24/7 Victim Hotline: (670) 234-5100
- OAG Victim Witness Advocacy Unit: (670) 237-7500, or (670) 237-7602
- DCCA Division of Youth Services: (670) 237-1000, (670) 285-2780, or (670) 285-2781
- CHCC Community Guidance Center Healthy Transitions: (670) 323-1900, or (670) 323-1901
- CHCC Community Guidance Center System of Care: (670) 664-4604, or (670) 664- 4605
- For more information about teen dating violence, visit www.loveisrespect.org.



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